

# Presence: The “YOU” Who Enters the Room

Have you ever heard a speaker and been drawn in immediately by what she was saying? Have you ever worked with a manager or colleague and you immediately felt at ease and comfortable in his presence? What is that ‘something’ he has?



*“My takeaway - Presence is everything. Anything I can do to improve how I am viewed will improve the opportunities that I have in life.”*

Ray Miller  
Manitoba Liquor & Lotteries

# Presence



In this workshop we will define Professional Presence and take an in-depth look at the similarities and differences within the organizational structure. You will discover how to discern the qualities developed by successful leaders and professionals at all levels who turn heads when they enter the room. Unlock the qualities of presence that exist within you to *build stronger professional relationships* and *reduce stress*.

*CEC Certificate of Completion Available upon request*

Christine Paquette, with Bridge Dynamics, facilitates this engaging, interactive workshop where you will learn how to hone your qualities of **Presence**. Become more skilled in drawing people in, *building trust* and *creating greater rapport* – in the workplace, with colleagues and with clients.

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*“This workshop offered an excellent opportunity to take a step back from the ‘get things done fast’ pace and reflect on those qualities that make one a good or better leader. And a great reminder to hone those that don’t necessarily come as naturally!”*

Colleen Kuruluk  
MB Hydro

*“The training has provided me with a better understanding of Presence as well as provided me with a road map to follow to ensure I make some considerations in the future.”*

Peter de Rocquigny  
PCL Constructors

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